



.040 ANTERIOR BITEPLATE OR RAMP

- 1) Take an upper impression.
- 2) Pour the impression with a palate included; pour the model in stone not plaster.
- 3) Form a sheet of .040 Tru-Tain Super Clear Splint material over the model. Trim the appliance to cover cuspid to cuspid with a palate, or lateral to lateral with a palate.
- 4) Place in patient's mouth to assure proper fit. Remove from patient's mouth, rinse & dry appliance. Then apply a coat of Triad Bonding Agent in the area where biteplate is to be made (Lingual area of anteriors).
- 5) Now place a piece of Triad Light Cure Rope (VLC Resin) in the area you want the biteplate to be. (Make sure to place remaining Triad material into a container that won't allow light to prevent material from hardening).
- 6) Place the Biteplate into patient's mouth and have them bite into the Triad material only enough to establish the height of the biteplate therefore allowing the posterior teeth to erupt into occlusion, eliminating deep anterior bite.
- 7) Place the biteplate into a Light Cure unit and cure for 7 minutes. Application is now ready for the patient.

If you should have any questions regarding this technique, please call Tru-Tain at **1-800-843-0904**.

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BLOCKOUT TRU-TAIN RETAINER

(For eruption)

- 1) Bond Crown Contours™ to the molars for this appliance. (Refer to Crown Contour™ bonding procedure for more information).
- 2) Take impression before deciduous are removed.
- 3) Pour the impression in a horseshoe shape without a base or palate.
- 4) Use blockout compound on the model to block-out bicuspid, cuspid areas or wherever eruption is needed.
- 5) Form a sheet of .030 Tru-Tain Retainer Plastic over the model. Trim the appliance 1½ - 2mm at the gingival crest all around the labial, buccal, and lingual of the model. Remove with a Howe Plier. Final trim is done with a Crown & Bridge Scissors.
- 6) Have the patient place the Blockout Retainer at night only until the cuspids and bicuspid have erupted. (Blockout compound can be placed for any tooth to erupt).

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